



www.boiseslam.com

# BOYS WINTER WORKOUTS: GRADES 7-8

Emphasize Game Specific Ball-Handling Drills  
Cone Drills to teach proper Footwork & Spacing  
Create opportunities to score with and w/out the ball

Learn to Compete at a Higher Intensity Level  
Improve the Offensive Skill Level of the Player  
Be a better Shooter off the Pass, Dribble & Screen

*"The magic is in the repetition and doing the things that make the best of the best better than everyone else"*

## JANUARY, FEBRUARY, MARCH (6 WEEKS of TRAINING)

JANUARY: 23, 25, 28, 30    FEBRUARY: 1, 4, 6, 8, 11, 13, 15, 18, 20, 22, 25, 27    MARCH: 1, 4

TIME: 7:30 - 8:45 pm

DAYS: Tuesday and Thursday

TIME: 3:00 - 4:15 pm

DAY: Sunday Afternoon

**SIGN-UP for 1, 2 or 3 DAYS of TRAINING per WEEK to FIT your WINTER SCHEDULE**

## CAMP INFORMATION

**ON-LINE CAMP REGISTRATION:** Go to [www.boiseslam.com](http://www.boiseslam.com) and click on *CLICK HERE FOR 2018 CLUB REGISTRATION*  
**MAIL CAMP REGISTRATION:** Boise Slam, 683 W. Bird Wing, Meridian, ID., 83646 (Checks Payable to: Boise Slam)  
**CONTACT INFORMATION:** Mike Chatterton at boiseslam@gmail.com or call (208) 830-2723  
**LOCATION:** Boise Slam Warehouse, 3670 E. Lanark Dr., Meridian, Idaho 83642

<b>COST &amp; DAYS PER WEEK:</b>	<u><a href="#">1, 2 or 3 DAYS PER WEEK to FIT your FALL Schedule</a></u>	<b>TOTAL DAYS</b>
\$50.00 =	1 Day per Week x 6 Weeks	<b>(6 DAYS)</b>
\$100.00 =	2 Days per Week x 6 Weeks	<b>(12 DAYS)</b>
\$140.00 =	3 Days per Week x 6 Weeks	<b>(17 DAYS)</b>

## PLAYER INFORMATION

Player Name: \_\_\_\_\_ Phone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ 2018 Grade: \_\_\_\_\_

**Notice to Parent or Guardian:** Do not sign this agreement before you read it. I acknowledge that my child will not be permitted to participate in the Boise Slam Basketball Club if I do not agree to the terms of this waiver. I would like my child to participate in the Boise Slam Basketball Club. I acknowledge that participating in the Boise Slam Basketball Club and in the activities there can be INHERENTLY DANGEROUS ACTIVITIES which involve risk of injury. I acknowledge that my child may sustain injuries. On behalf of my child, I EXPRESSLY ASSUME ALL KNOWN OR UNKNOWN RISKS involved in such activities and ALLOW MY CHILD TO PARTICIPATE. I acknowledge that due to the nature of attending a basketball club that accidents can and do occur even if the utmost care and safety is exercised. Nevertheless, I hereby EXPRESSLY WAIVE, RELEASE, AND FOREVER DISCHARGE the Boise Slam Basketball Club, the owner of the camp, it's Independent Contractors, Instructors, Employees, Sponsors and affiliates whosoever from ANY AND ALL LIABILITY, CLAIM, LOSS, DAMAGE, COST, OR EXPENSE arising from, or attributable in any way to, ANY NEGLIGENT ACT OR OMISSION on the part of any such person or the Boise Slam Basketball Club. I acknowledge that I have carefully read this waiver and release and FULLY UNDERSTAND that it is a RELEASE OF LIABILITY. I also acknowledge that I AM WAIVING ANY AND ALL RIGHTS that I may have to bring a lawsuit in which I could assert a claim on behalf of my child against the Boise Slam Club and all the other persons mentioned above for ANY INJURIES OR DAMAGES CAUSED BY THE NEGLIGENCE OF THE AFOREMENTIONED PARTIES.

X \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Parent or Guardian Signature Date